

## District Board

**JIM BEUKELMAN** (Div Dir 3)  
378 Eastland Pl SE  
Salem, OR 97301  
503 428-1556  
[jimbeuk@gmail.com](mailto:jimbeuk@gmail.com)

**JUDI A. CLARK** (TREASURER)  
4226 W. 32<sup>ND</sup> AVENUE  
KENNEWICK, WA 99337  
H (509) 783-6990  
C (509) 539-5367  
[gclark0722@aol.com](mailto:gclark0722@aol.com)

**MARY GIANNINI** (Pres-Elect)  
104 S. Freya, Turquoise Flag Bldg.,  
Ste.225  
Spokane, WA 99202  
H (509)747-0301  
C (509)939-5274  
[mgiannini@medicationreview.com](mailto:mgiannini@medicationreview.com)

**RUSSELL HAYASHI** (VFR & Div 1 Dir)  
PO Box 20  
PEPEEKEO, HI 96783-0020  
C 808-964-8289  
[hayashir009@hawaii.rr.com](mailto:hayashir009@hawaii.rr.com)

**BONNIE JOHNSON** (Immediate Past  
President)  
19625 1st Place SW  
Seattle, WA 98166  
206 824-8220  
[bhj75A@aol.com](mailto:bhj75A@aol.com)

**DORIS LEONARD** (Secretary)  
28504 E Valley Drive  
Benton City, WA 99320  
206 679-5344  
[madleonard@live.com](mailto:madleonard@live.com)

**BARBARA LOCKARD** (President)  
8914 E States Lane  
Spokane, WA 99212  
H (509)928-3989  
C (509)990-6862  
[pandblockard@comcast.net](mailto:pandblockard@comcast.net)

**JERRY THOMPSON** (VFR)  
PO Box 13163  
Salem, OR 97309  
503 364-9468  
[exchangeor@comcast.net](mailto:exchangeor@comcast.net)

**DON TUTTLE** (DIV DIR #4)  
8930 E. BOARDWALK LANE  
SPOKANE, WA 99212  
H (509) 922-2657  
C (509) 953-5377  
[dstuttle@automatedaccounts.com](mailto:dstuttle@automatedaccounts.com)

**LEIF WELHAVEN** (RVP Region 2)  
(406) 698 5014  
[welhaven@gmail.com](mailto:welhaven@gmail.com)

**Susan Thompson** (Newsletter)  
H (503) 363-6070  
[Uriad2@comcast.net](mailto:Uriad2@comcast.net)

## Northwest District Newsletter Winter 2019



Extra! Extra! Can't get much better!  
Convention Registration Form  
Last page of this Newsletter!



The hardest part about winter is the unpredictability of the weather and how much it interferes with making travel plans. I had hoped to visit at least another club or two this month, but right now it's not looking promising. So, if your club is having a special event between now and the end of June that you would like me to attend, please let me know as soon as you can so I can make plans to be there...weather permitting of course. I will do my best.

The good news is that Spring will come---eventually, and with it our District Convention in Walla Walla, May 31 to June 2. This year's event, under the more than capable guidance of the Walla Walla Exchange Club's best and brightest, looks to be a humdinger ...chock full of information and materials to help make your club even stronger and more prepared to do great things in your communities. With a special focus on growing our clubs and sharing our successes, this will be a great opportunity to inspire, and be inspired. We will be joined by our National Treasurer Jim Ruzon, who is traveling all the way from the Chicago area to attend our convention. It will be interesting to hear about Exchange from his perspective!

And there will be time for fun, fellowship, and great food as well. If you can get away on Friday, there will be tours, a wine tasting opportunity, a meet and greet no host cocktail party, and a legendary hospitality room in the evening!

Saturday will be filled with information to take back to your clubs, and it's hard to believe such a variety of presentations and training opportunities could happen in a single day. If you don't find something to interest you, you must be still sleeping! Of special interest is training for all incoming officers, to prepare you to do the best job you can for your club. But if you aren't a new officer, there will be plenty of other opportunities to keep you interested and engaged. And did I mention you will get three delicious meals to boot!?

Sunday morning, we will have our "One Nation Under God" breakfast, with a terrific speaker to inspire us all, along with a special memorial service for members who have passed away this year. And you will still be free to hit the road by 10 a.m. What more can you ask for?

I am looking forward to our upcoming convention, and to seeing all of you there! The Northwest District Exchange Clubs are a powerful and important part of our communities, and we do remarkable things to make everyone's lives better. Come meet the people from other clubs, learn what works for them and what doesn't, and make few friends in the process. You really can't lose.

Yours in Exchange,

Barbara Lockard  
NW District President



## District Program of Service Update

*Jerry Thompson, VFR*

This column tracks the progress of our district clubs toward their National Service Award (NSA). As of this writing only four of our eleven clubs have submitted any Programs of Service (POS) to our National Headquarters. Below are the clubs that are progressing toward a NSA.

**Downtown Spokane Exchange Club:** 7 POS submitted, short a Child Abuse Prevention project for the NSA

**Capital City Exchange Club:** 5 of 6 POS submitted, one short of the NSA

**Walla Walla Exchange Club:** 5 POS submitted, short a Child Abuse Prevention and a Youth project for the NSA

**Salem Exchange Club:** 2 of 6 POS submitted, four short of the NSA

We encourage each club to register your programs to get credit for the great work you are doing in your community. It is simple: **All you need to do is have one of your club officers go on the National website and spend a short time completing a form to register each program.**

Club members enjoy being recognized for their hard work and accomplishments. And by adding up all of the Program of Service hours, National has information that can be used when seeking grants and other funding.

## Club Building Report

### New Club Building

*Jerry Thompson, VFR*

We currently have two club building projects underway.

**Aumsville, Oregon:** The Salem club team and I are building a traditional Exchange Club in Aumsville. Aumsville is a city of about 4,000 residents with no service clubs. City leadership wants a club to help with volunteer activities in the community. Their major activity is a summer Corn Festival and their major charities include a food bank and a clothing closet. To date we have had several meetings and are currently meeting weekly to get enough members to officially organize. We have about twelve signed up and need twenty. If you know anyone in the Aumsville area, please send their name to me at [exchangeor@comcast.net](mailto:exchangeor@comcast.net) and I will contact them.

**Spokane Valley, Washington:** President Barbara and her Downtown Spokane club-building team are building a traditional Exchange Club in Spokane Valley. She is gathering names for the potential club. We had a club there briefly in the 1990s. Leif Welhaven, our Regional Vice President from Billings, Montana, will assist Barbara when she has enough referrals to begin club meetings. Leif has built five clubs in the last three years, so he is currently the top club builder in Exchange. If you know of potential members in Spokane Valley or nearby, please give those names to Barbara at [pandblockard@comcast.net](mailto:pandblockard@comcast.net) so her team may contact them.



## Northwest District Exchange Club News

**HIGHLINE** – 36 members, 94.4% retention.

Club still excited about the \$80,000+ netted from their Spaghetti Dinner and Auction in January. Tremendous success for a club less than 40 members, and largely impacted by the nearly 100% participation of members. Way to go on getting everyone involved!

**SPOKANE** – 38 members, 90.1% retention.

Already working on fine tuning success of Crab Feed for the 2019 event next November! Next major event will be distributing over 40,000 T-shirts for Bloomsday timed 10K run.

**The Exchange Club of Hilo** - 17 members, 84% retention.

Currently working on their main event - The Program of Service Luncheon 5/27/19-recognizing all the club recipients for public service in one event. Also working on PCA golf tournament in 4/27.

**The Aloha club** -22 members, 100% retention.

Held their monthly Police Officer of the monthly luncheon in January.

Currently working on their annual Police Officer of the Year and Firefighter of the Year recognition Dinner to be held in April 2019.

**The Downtown Honolulu club** -55 members, 93% retention.

Currently working on their Toys for Tots project with the Marines stationed in Hawaii. They are gathering and distributing toys to Oahu's needy children. They are also working on their annual PACT celebrity auction to benefit the various Prevention of Child Abuse agencies.

**The Klamath Falls club** -12 members, 100% retention.

The club just finished their 41<sup>st</sup> annual Sagebrush Rendezvous. The event raises funds for local charities including a child abuse prevention program. They are working on this year's ACE Award and the banquet that honors the students. They provide the ACE Award to students from twelve Southern Oregon, Northern California high schools.

**The Salem club** -12 members, 100% retention.

The club is holding their fifth annual event honoring President's Day. This year they hosted a pasta dinner to help fund their ACE Award students. A magician performed his magic to the delight and bewilderment of a large audience. The club is planning child abuse prevention activities for April and will be posting blue pinwheels in two locations in North Salem.

**The Capital City club** -14 members, 100% retention.

The club is seeking sponsors for their ACE Awards and planning for the banquet (see below). The club is participating with Marion County's Children and Families Commission to recognize April as Child Abuse Prevention Month. The group is getting a proclamation from all cities in the county. The club's contribution to the effort is in the form enameled blue-ribbon pins, National brochures and National "Tips for Better Parenting" will also be used in the monthly campaign.

The **Salem and Capital City clubs** always join together to host eight ACE students from their local high schools. This year, they will host a banquet for the chosen students and their support systems. Each student receives a plaque and a financial reward. Each club chooses a winner to be forwarded to District for further consideration. These winners receive an additional stipend.



Please Visit us!

If you would like to visit a club, this list will help you find meeting places and times.

<b>Club Meeting Locations</b> Traveling? Consider visiting one of these clubs!					
<b>Club</b>	<b>Meeting Location</b>	<b>Address</b>	<b>Frequency</b>	<b>Day</b>	<b>Time</b>
Aloha	Coqui's Restaurant	1550 Kamehameha Ave Hilo, HI	Week(s) 2,4	TH	12:00 PM
Hilo	Hilo Rice Noodle	1990 Kinoole Ave. Hilo HI	Week(s) 2,4	WE	11:30 AM
Downtown Honolulu	Oahu Country Club	150 Country Club Rd Honolulu, HI	Week(s) 1,2,3	TH	12:00 PM
Klamath Falls	Starvin Marvin Family Rest	1822 Austin St Klamath Falls, OR	weekly	TU	12:00 PM
Portland	Limelighter Lounge	6708 SE Milwaukie St Portland, OR	weekly	WE	12:00 PM
Salem	Center 50+	2615 Portland Rd NE, Salem, OR	Weeks 1,2,4,5 Week 3	WE TH	12:00 PM 6:00 PM
Highline	Azteca Mexican	153 SW 157 Burian, WA	Week(s) 1	WE	5:30 PM
	Des Moines Creek Restaurant.	21828 Marine View Dr S. Des Moines, WA	Week(s) 2,3,4,5	WE	07:00 AM
Downtown Spokane	Luigi's	245 W. Main St. Spokane, WA	Week(s) 1,2,3	TH	11:30 AM
Walla Walla	Marcus Whitman Hotel & Conf	6 W Rose Walla Walla, WA	weekly	MO	12:00 PM
Wenatchee	Town Toyota Center	1300 Walla Walla St. Wenatchee, WA	weekly	FR	12:00 PM
Capital City	Scottish Rite	4090 Commercial St SE Salem, OR	Weekly	WE	04:00 PM

## *Memorial Service*

*Please contact Lynn Boge  
([mylrex\\_egob@ymail.com](mailto:mylrex_egob@ymail.com))  
with names and any other  
information you would like  
to share  
at the  
District Convention  
Memorial Service.*

*Thank you.*



Welcome new members

Club	New Member	Sponsor
Aloha Exchange Club of East Hawaii, HI	Blunck, Russell	Chew, J. Ming
Capital City Exchange Club of Salem, OR	Hatch, John	Chance, Mary V.
Exchange Club of Downtown Honolulu, HI	von Herrmann, Tim	Coppes, Michael
Exchange Club of Downtown Honolulu, HI	Averitt, Neil	Fry, Michael
Exchange Club of Downtown Honolulu, HI	Strickland, Tom	Kimball, John
Exchange Club of Downtown Honolulu, HI	Reich, Robert	Fry, Michael
Exchange Club of Downtown Honolulu, HI	Rankin, Richard	Allen, Jesse Ryan
Exchange Club of Downtown Spokane, WA	Ripley, Isaac	Buckaloo, Neal
Exchange Club of Downtown Spokane, WA	Ervin, Deanna	LaValley, Dianne E.
Exchange Club of Highline, WA	Torrez, Lupita	Boysen, Chris F.
Exchange Club of Highline, WA	Canan, Mary	Probach, Jacqueline
Exchange Club of Hilo, HI	Kawabata, Norman	Saquiring, Romeo
Exchange Club of Salem, OR	Morrell, Hanna	Beukelman, Jim
Exchange Club of Salem, OR	Candello, Nancy	Hammill, Susan
Exchange Club of Walla Walla, WA	Provost, Jennifer	Provost, Phillip
Exchange Club of Walla Walla, WA	Kubrook, Emma	Davis, Tera
Exchange Club of Walla Walla, WA	Watts, Tish	Davis, Tera
Exchange Club of Wenatchee, WA	Ackerman, Jeff	Deal, E. Fred



**Don't Forget to submit your Service Projects and Activities to National Exchange!!**

For your club to be eligible to receive National Service Awards for your Programs of Service, your projects and activities must be submitted to the National Exchange Clubs by June 30<sup>th</sup> of every year. Submitting the projects is easy, but there will be a presentation at the District Convention in Walla Walla to make it even easier! Accepted projects and activities earn patches for your club banner every year!

### **Exchange Covenant of Service**

The Covenant of Service, expressing Exchange's philosophy and ideals, was written in 1923 by Exchangite Thomas L. Bailey, who served as National President of Exchange from 1925 through 1927, and later served as Governor of Mississippi from 1944 through 1946. The Covenant of Service was officially adopted by the National Exchange Club in 1927.

**Accepting** the divine privilege of single and collective responsibility as life's noblest gift, I covenant with my fellow Exchangites:

**To consecrate** my best energies to the uplifting of Social, Religious, Political and Business ideals;

**To discharge** the debt I owe to those of high and low estate who have served and sacrificed that the heritage of American citizenship might be mine;

**To honor** and respect law, to serve my fellowmen, and to uphold the ideals and institutions of my Country;

**To implant** the life-giving, society-building spirit of Service and Comradeship in my social and business relationships;

**To serve** in Unity with those seeking better conditions, better understandings, and greater opportunities for all.

# REGISTRATION FORM

NORTHWEST DISTRICT EXCHANGE CLUB CONVENTION  
WALLA WALLA, WA – COURTYARD BY MARRIOTT  
MAY 31, JUNE 1, & JUNE 2, 2019

**REGISTRATION DEADLINE OF MAY 17<sup>TH</sup>, 2019.**  
**Registrations received after the 17<sup>th</sup> are subject to a \$15 late fee.**  
*Please use one form for each Exchange Member*

Name	Phone
Address	City/State/Zip
Club	Office Held
Guest	Email

<b>FULL REGISTRATION</b> <i>(including meals)</i>	# of People _____	@ \$150.00 per person	Total \$ _____
<b>PARTIAL REGISTRATION*</b> <i>(meal choices below)</i>	# of People _____	@ \$60.00 per person	Total \$ _____

*\*Partial Registration alone does not include any meals, but it does pay a share of our National Representatives' expenses, our speakers, hospitality room, etc.*

### MEALS FOR PARTIAL REGISTRATION

Friday Reception	# of People _____	@ \$7.50	Total \$ _____
Saturday Breakfast	# of People _____	@ \$14.50	Total \$ _____
Saturday Lunch <i>ACE Awards</i>	# of People _____	@ \$20.00	Total \$ _____
Saturday Dinner <i>Installation of Officers</i>	# of People _____	@ \$30.00	Total \$ _____
Sunday Breakfast <i>One Nation Under God</i>	# of People _____	@ \$15.50	Total \$ _____

### ADDITIONAL ACTIVITIES

Friday Wine Tasting Bus Tour 12:00-4:00pm	# of People _____	@ \$15.00	Total \$ _____
--	-------------------	-----------	----------------

**Total Enclosed \$ \_\_\_\_\_**

A discounted block of rooms has been set aside at the Courtyard by Marriott. The discounted rate is **\$159.00 + tax** (approx. \$178.33 including taxes per night) for rooms with either 1 King bed or 2 Queen beds. To book your room, please call the hotel at **(509) 876-8100** and ask for the Exchange Club District Convention group – Code **EXCS**. To receive the discounted group rate, you must reserve your room on or before **May 1, 2019**. If rooms are reserved after this date, the hotel cannot guarantee the group rate or availability of rooms in the hotel.

Make checks payable to “**Walla Walla Exchange Club**” and mail with this registration form to  
**Walla Walla Exchange Club, PO Box 403, Walla Walla, WA 99362**

**Questions? Contact Sandi Rowe, Walla Walla Exchange Club President**  
**P: (509) 520-7119; E: srowe@communitybanknet.com**